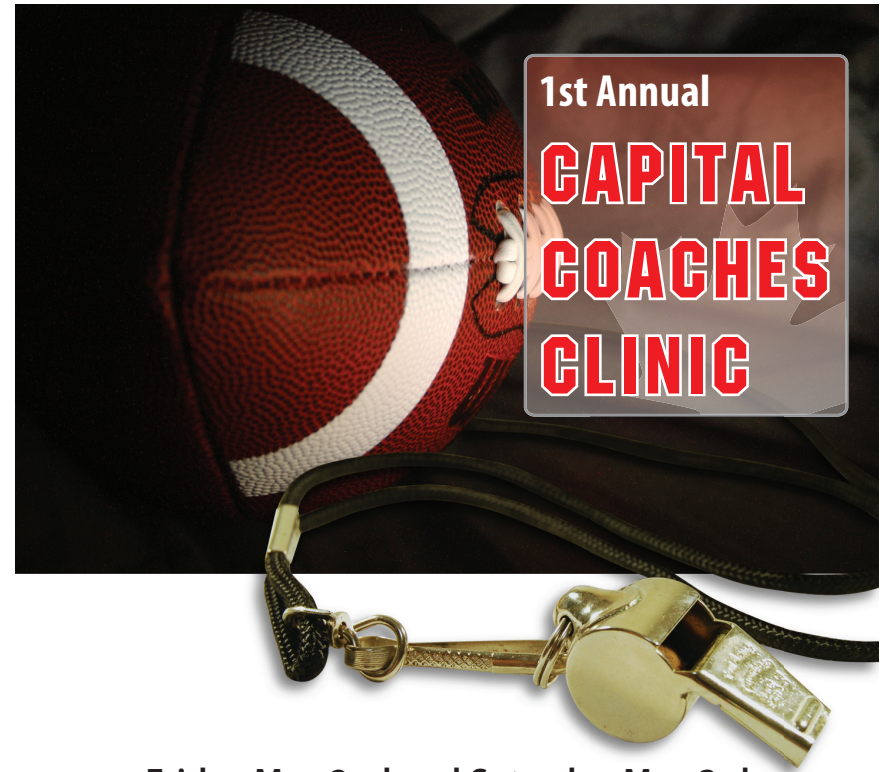


**National Capital Football Coaches Association with
the Ottawa University Football Gee Gees present**



Friday May 2nd and Saturday May 3rd

at University of Ottawa

Friday 5:00 registration - First session begins at 5:45

Saturday 8:30 to 4:00



www.geegees.uottawa.ca
www.ncfca.ca
www.geegeefootball.ca



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CAPITAL COACHES CLINIC



Friday Sessions (classroom and on field)

5:00
Registration Sports Complex - 2nd Level
Outside Zampub (Hallway between 2 hockey rinks)

5:45
Quarterback Lee Barette
Team Ontario

Linebackers Phil Roberts
Ottawa Gee Gees

7:00
Running Back Christian Audet
Ottawa Gee Gees

Special Teams David Millar-Johnson, Ottawa Gee Gees
"Coaching the Kicker"

8:15
Receiver J.P. Asselin / Denis Piche
Ottawa Gee Gees

Defensive Line J.F. Roy
Ottawa Gee Gees

9:30
SOCIAL EVENT Father & Sons Restaurant
1121/2 Osgoode Street

Saturday Sessions (classroom)

8:30 Introduction

8:45 Session 1 - Pass Block Fundamentals
Jim McNally (Buffalo Bills)

10:00 Session 2 - Beating Pressure Defense
Jamie Barresi (Saskatchewan Roughriders)

11:15 Session 3 - Run Block Fundamentals
Jim McNally (Buffalo Bills)

12:30 Lunch Break

1:15 Introduction

1:30 Session 4 - Defensive Back Fundamentals and Drills
Kavis Reed (Toronto Argonauts)

2:45 Session 5 - Zone Running Game
Jim McNally (Buffalo Bills)

4:00 End

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